



B U R Ā N S H

A pilgrimage from Sound to Silence

The universe is not
made of atoms; it is
made of *stories* told
through sound.

"Your silence is the final
chapter."



THE
PHILOSOPHY

WHAT IS **BURĀN**SH ABOUT



SONIC JOURNEY

It is a vedic
exploration.



SINCERE REALITY

It is a seasonal
phenomenon.



SACRED SPACE

It is a conscious
slowing down.

THE INVITATION: THE CIRCLE OF EIGHT

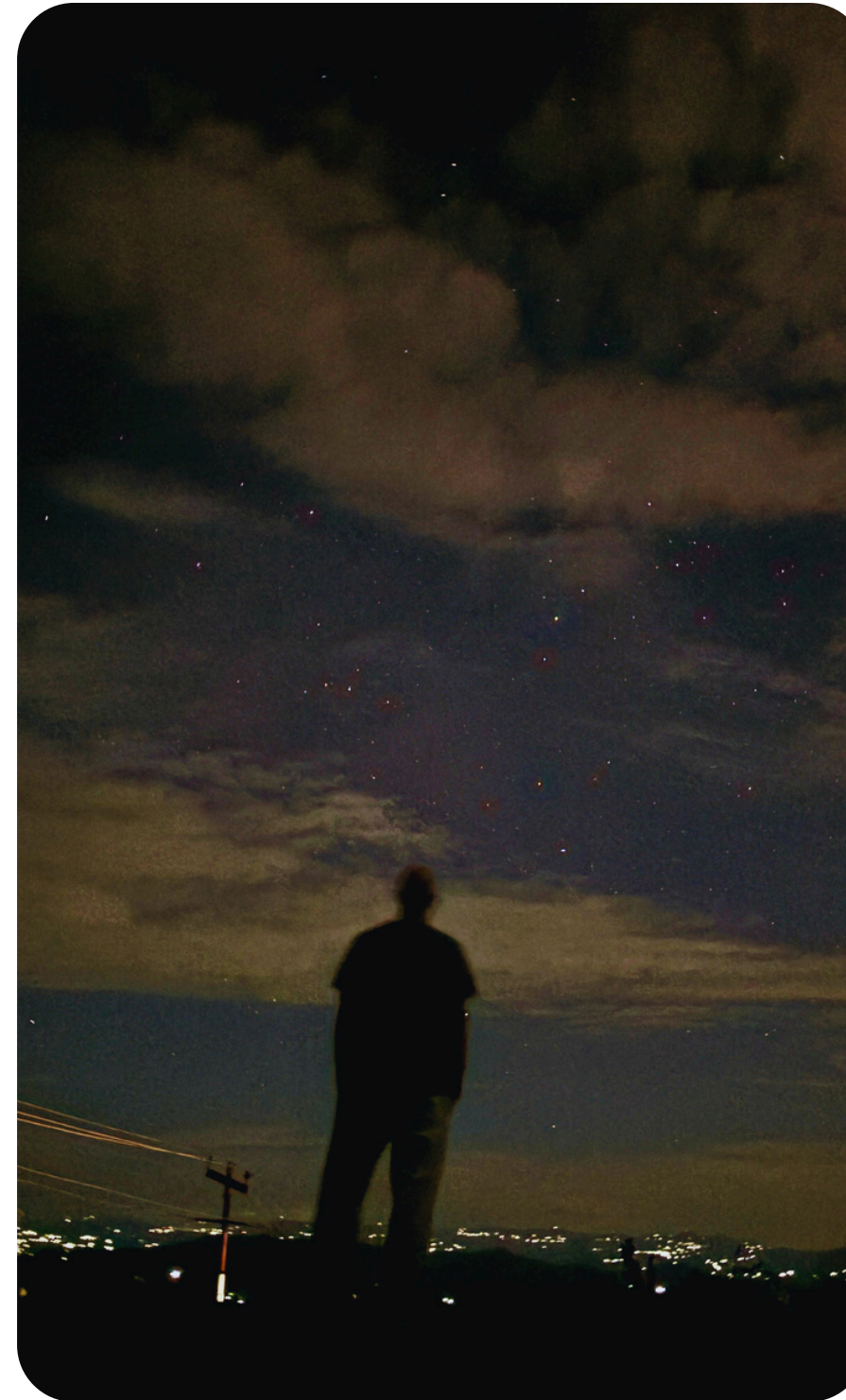
A curated intersection of intent and frequency for:

The Architect of Vitality

You are not looking to fix a problem, but to deepen a practice. You are seeking to master your internal frequency and explore the profound edges of somatic intelligence.

The Navigator in Transition

You are standing at a crossroads. You require a grounded, silent sanctuary to hear your own resonance before making the next high-stakes move.



The “Success-Weary”

Being the high-achiever, you have reached the summit but find the view obscured by digital noise. You are seeking to reclaim Aatmaranjan—the internal joy that arises when the world finally stops.

The Resonant Pair

For partners who wish to move beyond the superficial and re-attune through shared silence and the ancient science of Sur.

This is not an escape from your life; it is a structural return to it.
With only 8 spots in the Circle, your presence is as vital to the harmony as the music itself.

THE CUSTODIANS OF THE JOURNEY

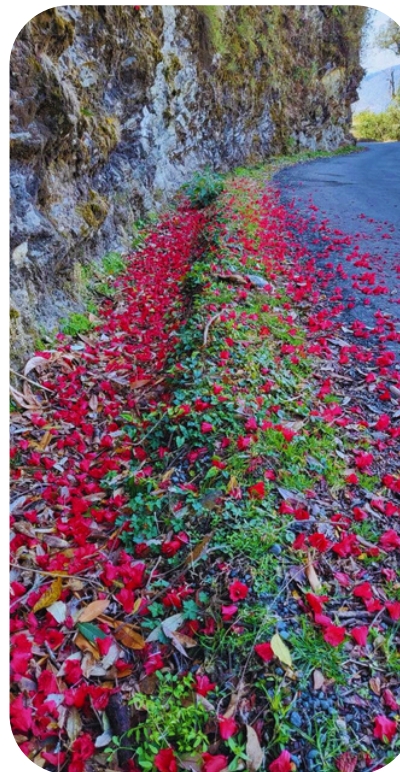


PULKIT SHARMA

RASHI PANT

F O U N D E R S - C C H I T V A N

Founded by Rashi and Pulkrit, Cchitvan is a bridge between the wisdom of the Samaveda and the modern quest for stillness. As PhD scholars and Dhrupad practitioners with two decades of Sadhana, they utilize the primordial vibrations of the Rudra Veena, Pakhawaj, and Flute to facilitate Aatmaranjan—a state where music transcends entertainment to become a deep, internal joy. Their work is a rigorous exploration of yoga through sound, designed to align the human nervous system with its ancestral resonance.



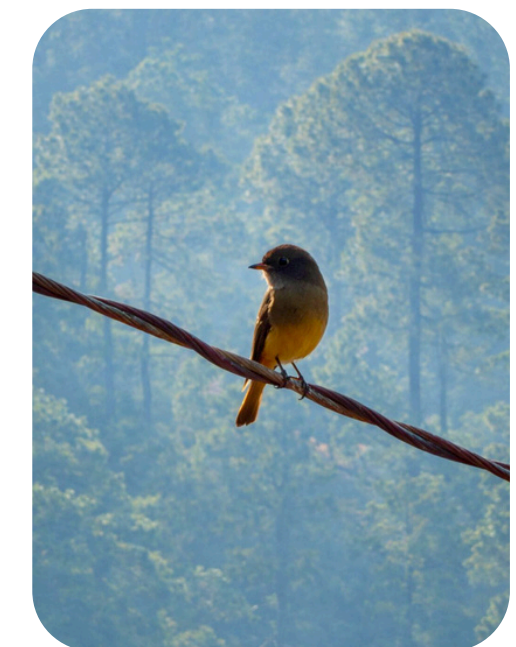
PUSHKAR SINGH NEGI

FOUNDER - KOT KAILASH

THE GUARDIAN OF THE LAND

A son of the Kumaon soil with over a decade of expertise in curating world-class sanctuary experiences.

Pushkar & Team Kot Kailash intuitively weaves the local ecology and slow rhythms of mountain life into a seamless tapestry of hospitality and heritage.



THE EXPERIENCE

DAY ONE

Sensitization | From the noise of the city to the resonance of Pranav.

DAY TWO

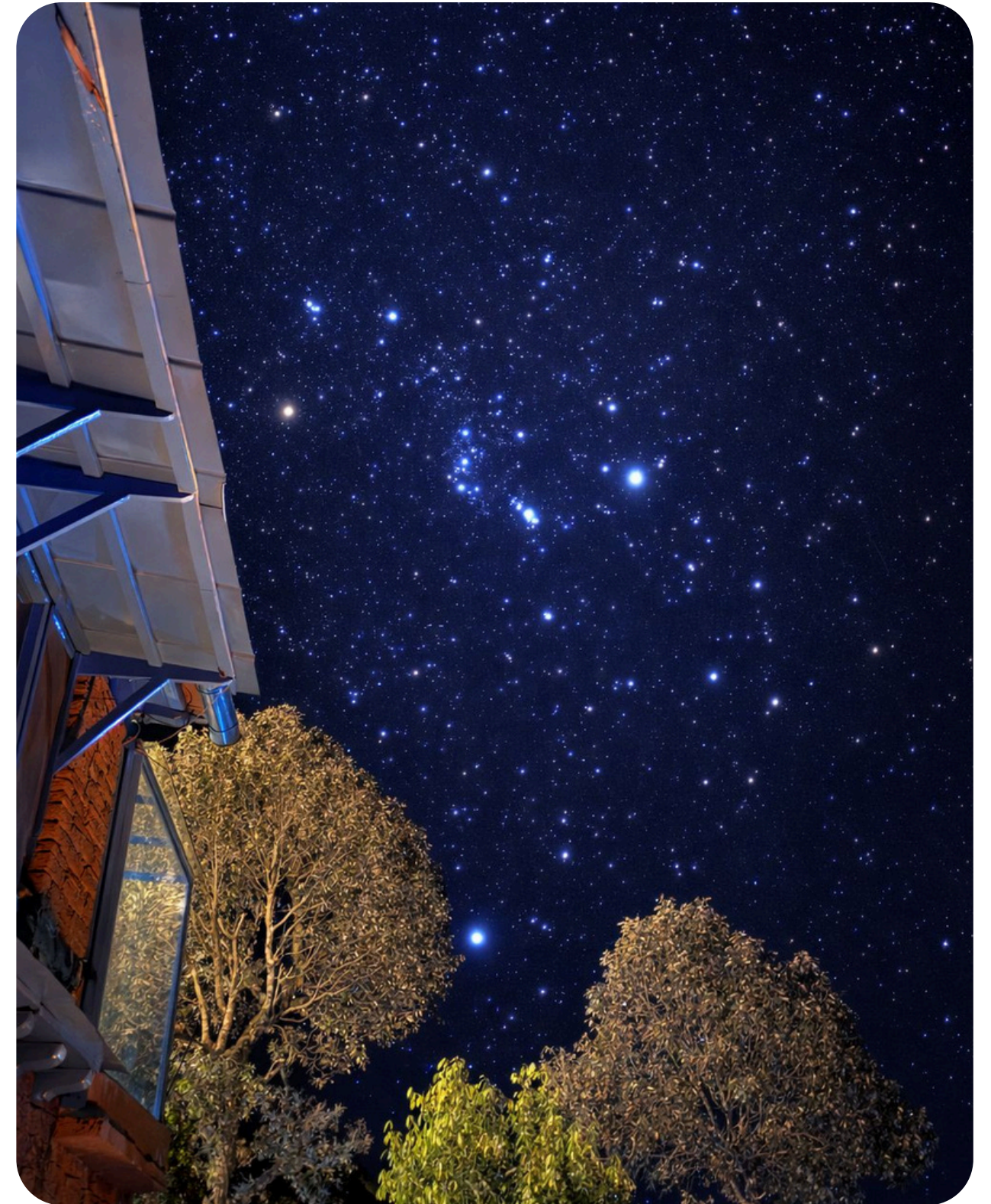
Harmony | Sur Samvad & Cchitvan—aligning the inner forest with the outer one.

DAY THREE

Deep Immersion | Maun—the climax of silence.

DAY FOUR

Integration | Raag Seva—carrying the music back home.



"Silence is not the absence of sound, but the presence of everything."
— Adapted from Vedic Wisdom

"Pure, sun-drenched,
and forgotten.

A cuisine that heals as
much as the music."



THE SATVIK KUMAONI TABLE

THE EXPERIENTIAL TAKEAWAYS



SINCERE SANCTUARY

The luxury of slow crafted textures and seasonal blooms. A return to an environment that respects the pace of nature and the warmth of a home.



SONIC ALCHEMY

Ancient Vedic techniques to recalibrate your internal frequency. Taking home the tools of resonance to navigate the noise of the modern world.



UNSHAKABLE CLARITY

Finding the Maun within the majesty of Nanda Devi. A mental clarity that remains as grounded and eternal as the Himalayan horizon.



ROOTED WISDOM

Connection over consumption. An intimate encounter with the living heritage of Kumaon, reminding us that true wealth is found in tradition and community.

THE INVESTMENT & INSIGHTS

The Sanctuary
3 nights and 4 days

From 3rd April until 6th April, 2026
at Kot Kailash Kumaon, Shukiyathal,
Vriddh Jageshwar, Almora Distt.

Sonic Curriculum: All workshops and
sessions led by the Experts of Cchitvan
and Kot Kailash.

The Kumaoni Table: All-inclusive Satvik
meals, forest teas, and traditional
refreshments.

The Little Details: Guided forest walks,
local heritage experiences, and
personalised retreat kits.



THE EXCHANGE FOR STILLNESS

Single Solitude
(Individual Occupancy): INR 49,999.00+

Perfect for the seeker looking for total
immersion and deep silence.

Shared Resonance
(Double Occupancy): INR 34,999.00+
per guest.

Designed for couples or companions
walking the path together.

+ applicable GST.

THE SANCTUARY INCLUSIONS

The Conscious Stay & Sound

- **The Kumaoni Hearth:** 3 nights and 4 days in private residence of stone, wood, and heritage. More than a stay, it is a return to an ancestral rhythm where the earth's stillness becomes your own.
- **The Science of Sur:** Rigorous Vedic scholarship distilled into resonance. Understand the mathematics of Indian Classical music and how sound acts as a scalpel for mental noise.
- **The Interior Pilgrimage:** Moving beyond the audible into the profound. A guided descent into Maun (silence) to rediscover the clarity that exists between the notes.





NOURISHMENT & BEYOND

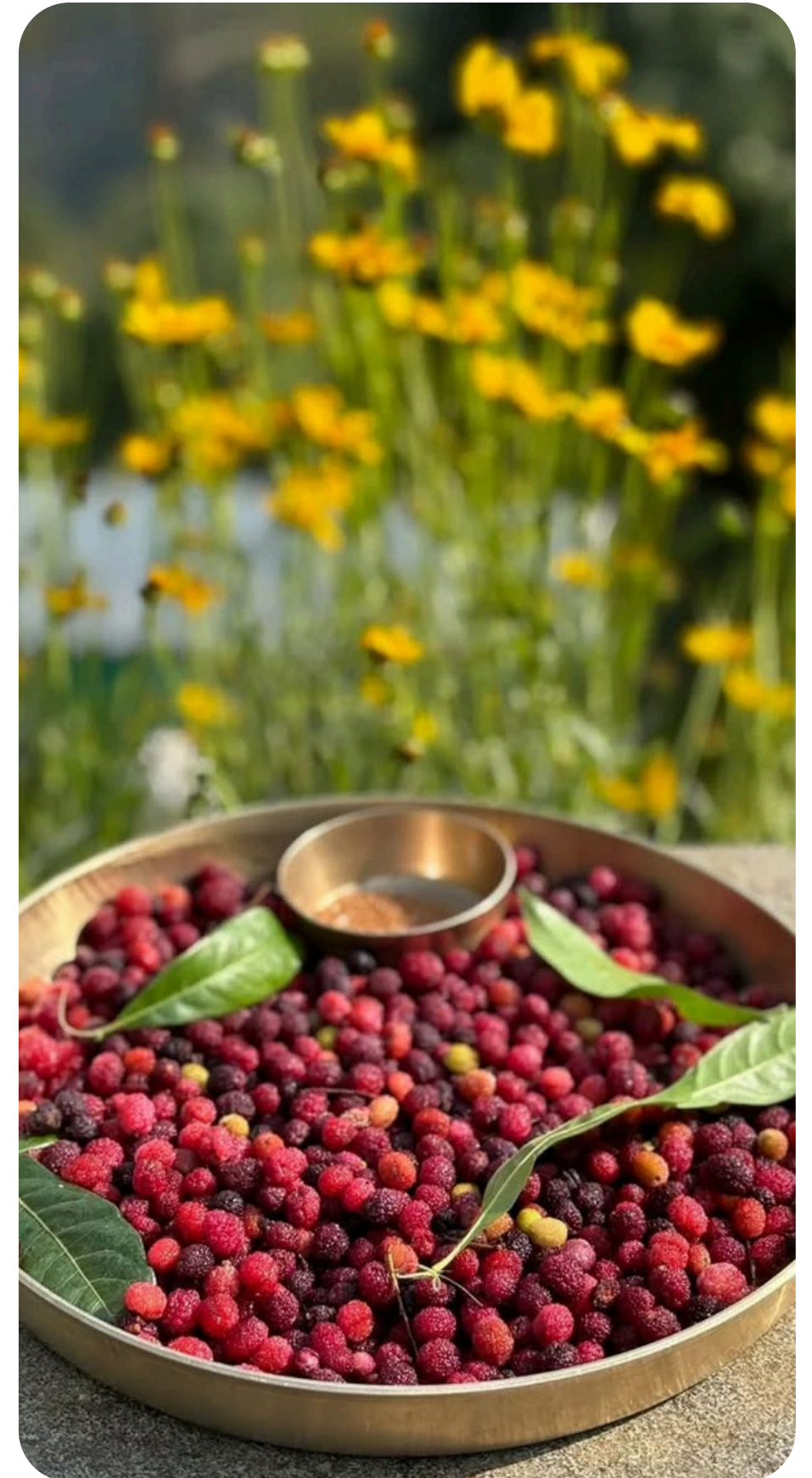
Nourishment & Beyond

- **Vedic Vitality: From Soil to Soul.** A cuisine that heals as much as the music, using ancient Kumaoni grains and seasonal mountain herbs to nourish the body's internal resonance.
- **Beyond the Sessions:** Immersive additions to your stay: private forest trails, local craftsmanship discoveries, and a post-retreat integration guide to carry the Himalayan resonance back home.
- **The Living Resonance:** Your journey down the mountain is simply a new movement in the symphony. We provide a post-pilgrimage framework—including practice recordings and contemplative prompts—to integrate the clarity of the peaks into the rhythm of your daily life.

THE ARCHITECTURE OF ALIGNMENT

The **Burānsh** Synergy: A Return to Essence

- **The Meaning of Burānsh:** Named after the rhododendrons that blooms only after the winter's peak. It serves as a reminder that true 'resurrection' of the spirit requires a season of slowing down and the courage to wait for one's own inner spring.
- **The Power of Collaboration:** A rare synergy where high-end Kumaoni Hospitality meets Rigorous Musical Scholarship. Kot Kailash provides the ancestral cradle, while Cchitvan provides the sonic precision, creating a secure container for deep psychological recalibration.
- **The Climate of the Self:** Bridging the gap between Corporate noise and Himalayan stillness. This pillar focuses on 'Internal Climate Transition'—using global professional perspectives to help you navigate the shift from a high-pressure environment to a resonant, focused state of being.





THE PATH TO THE SANCTUARY

A Sacred Transit

- **By Air:** Pantnagar Airport (approx. 5 hours) or Bareilly Airport (approx. 6 hours). Frequent flights connect these hubs to the rest of the country.
- **By Rail:** Kathgodam Railway Station, the historical gateway to the Kumaon hills, served by overnight trains from Delhi NCR.
- **By Road:** A scenic 8-9 hours drive from Delhi NCR, moving through changing altitudes and forest canopies.
- **The Concierge Service:** To ensure your "Sound to Silence" journey remains unbroken, we facilitate private, vetted cab transfers from all airports and railway heads (at an additional charge) directly to Kot Kailash in Shaukiyathal, Vriddh Jageshwar.

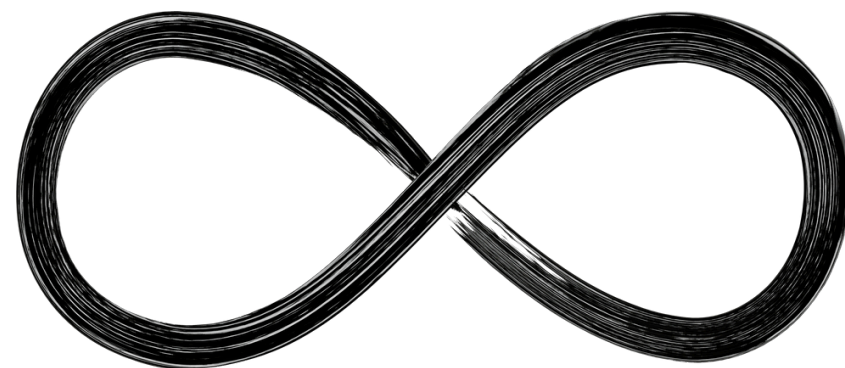
JOINING THE COLLECTIVE

COMMITMENT TO STILLNESS

The Request to Join:

To preserve the harmony of our Circle of Eight, we invite you to submit a brief Inquiry of Intent by sending us a DM on instagram. This ensures that every guest shares a common resonance and a sincere desire for deep immersion.

The Confirmation: Once your inquiry is accepted, a formal invitation will be extended to secure your sanctuary.



Our Sincere Policy

As an intimate, curated experience with only eight rooms, each reservation is a cornerstone of the retreat.

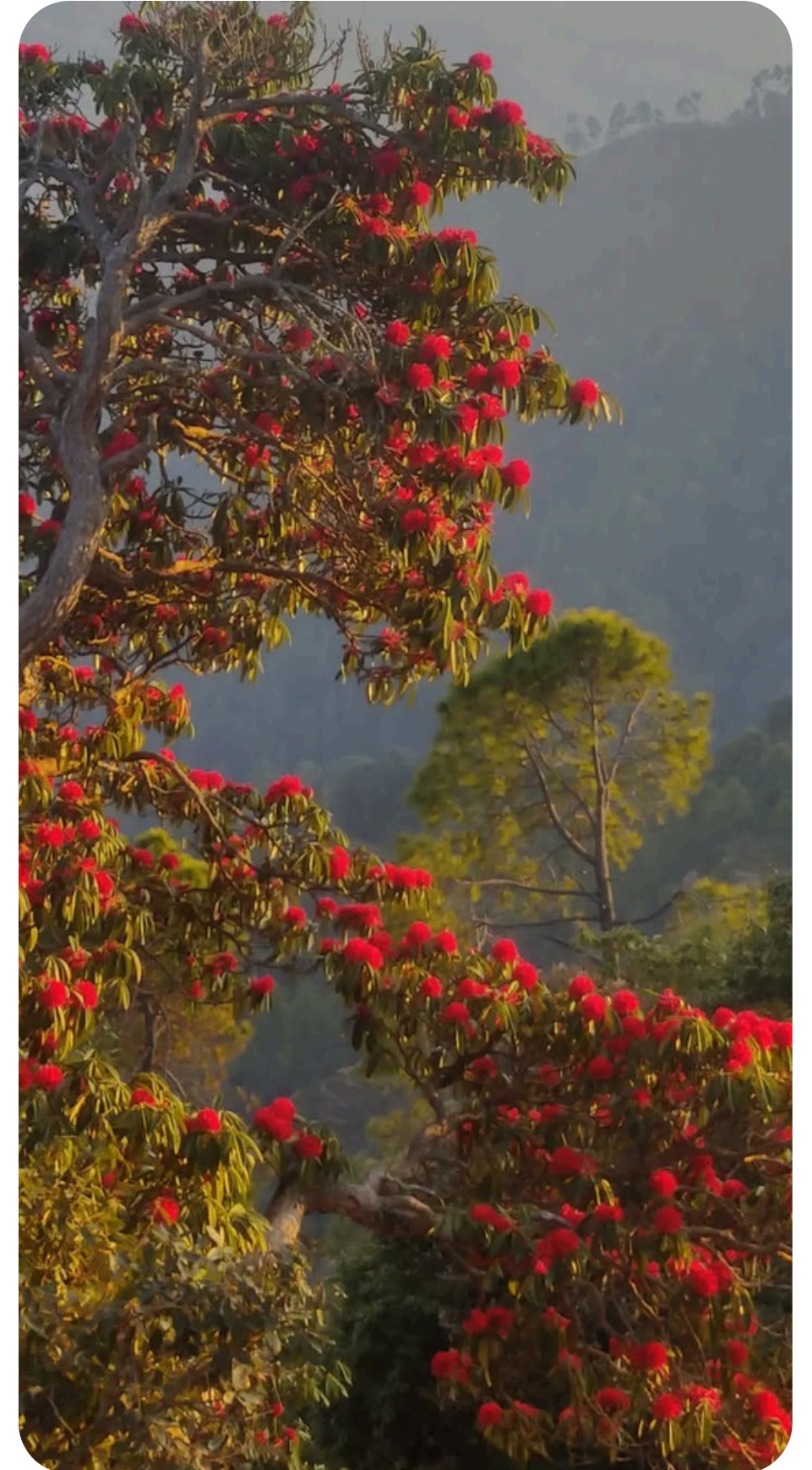
Cancellations impact the collective energy; therefore, we operate within a strict commitment window of 20 Days after the full payment is paid, to reconsider, no questions asked.

Preparation for the Peaks: Upon confirmation, you will receive a curated Resonance Guide detailing what to pack for the April mountain air and how to begin your mental transition from city noise to Himalayan silence.

THE FINAL PERSPECTIVE

The **Consious** Return

- **Beyond the Escape:** Burānsh is not a distraction from your life; it is a recalibration of it. We do not offer an escape, but a strategic return to the rhythm of your own being.
- **The Season of Resurrection:** April 2026 is a deliberate choice. As the rhododendrons blooms after the winter chill, we invite you to shed the city's toxicity and emerge with an unshakeable internal clarity.
- **The Collective Intent:** By choosing the Circle of Eight, you are opting for an environment where every conversation, every meal, and every silence is intentional.



THE MOUNTAINS ARE LISTENING

You do not come to the mountains to find yourself.
You come *to lose the person* the city made you.

Join the Circle: With only 8 rooms and one long weekend, this is a fleeting opportunity for transformation. DM today to secure this incredible opportunity.

Venue: Kot Kailash, Village Kunja Gunth, Shaukiyathal,
Distt Almora 263623, Uttarakhand, India.

 **cchit_van**
 **kot.kailash**





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WWW.KOTKAILASH.COM